

**A Case Study on Utility of Traditional Process of Medical Treatment
Of Tribes of Chhattisgarh in India****Dr. R.N. Sharma**

Head, Deptt. of Social Work
Shri Sai Baba Aadarsh Mahavidyalaya,
Ambikapur, Distt.- Surguja Chhattisgarh
INDIA
Email:-rns.doublephd@gmail.com

Abstract -

In the presented research paper keeping view the attitude of modern doctors and patients towards traditional way of medical treatment, a study has been done. Traditional way of treatment is present now days still in the form based on transaction of views of the different public groups of the society. A traditional doctor insists on fill treatment. In this regard and effort has been made with the help of modern doctors working in the area to know of what extent the traditional way of treatment is successful. How is the utility of traditional way of treatment? In the study field an effort has also been made meeting with the patients and taking their help in this regard to know from them that what extent they have got benefits from this way of treatment. In this personal study information collected from the modern doctors and patients is presented by the researcher.

Key Words - Traditional process of treatment, Baiga-gunia, forest based medicines.

Introduction-

Traditional process of medical treatment refers to such a process of treatment which have being followed by generation after generation on the base of which disease were wred. Many social and cultural methodology of the ancient time are still in run to ware diseases in which included both scientific way and unscientific way of treatment. In this process of treatment importance is given a social and cultural environment rather than and patients. This traditional knowledge of medical science is being transferred to the next generation since ancient times. Physicians keep this knowledge secret. Under this treatment process many religious believes and activities based on supervisions are followed. In this treatment process a lot of medicines found in the forests are used in their original forms. To use such medicines many religious ritual, 'Jahar and funk' etc. are applied on the patient on a certain day. The physiology behind it is that on other days these medicines can not be effective in treatment. Traditional ways of treatment include four aspects i.e.

- (i) Social aspect
- (ii) Cultural aspect
- (iii) Physiological aspect
- (iv) Religious aspect

Social Aspect -

In this aspect is included the different specialty of the society. In cultural aspect a lot of cultural activities interfere in treatment. In physiological aspect is included many views and belief of that society. In religious aspect is included the imagination of parental forces. The process insists on that these forces are almighty and their arrogance can change a lot of problems in different forms of diseases and obstacles.

Case Study -**Modern Physicians -**

Name - Mr. 'A' (Codename), Caste - Vaishys, Religious - Hindu, Sex - male, Married status- married, Education- M.B.B.S., Age - 45 years.

Mr. Dr. "A" has been working as a medical officer in lakhanpur block. He has been serving for last 10-12 years in this field. People will introduce of him. Regarding traditional way of treatment he

expresses his view that several times "Baigas & Guniyss" become successful in treatment of total diseases. He also says that the remaining religious rituals which are being used by them are useless. He confesses is that this treatment process in both scientific & unscientific. There is a great to do a lot of research work on herbals obtained from the forests. A lot of experiments in this regard are being done throughout the world. There is a lot of herbals obtained from the forest are being used by us. Schedule tribes need a balanced diet & proper rest daily in order to keep themselves healthy & fit. Dr. "A" says that many or they suffer from skin disease & vomiting & dysentery. They don't accept the Baigas view that there is spread of malarias in their region. Dr. Mentions that such ignorance can be remove by providing such people modern treatment serious & removing poverty among them. As per the data available to him, only 8 patients visit to him daily & among them maximum are of vomiting & dysentery. Regarding to promotes encourage this treatment process he says that "dsies" are being given training by the health department for delivery purpose in a scientific & safe way. They are being provided a medical list for this purpose by the govt. so that they can perform their work in an easy and convenient way. Health protecting medicines are being distributed by the health workers, Anganwari workers among the people time to time medical camps are being organized for vaccination.

Dr. appreciates this co-ordination between the traditional way of treatment & modern way of treatment. He thinks from this medical facility can be available to the people in a better way. Thus the doctor seems sacrificed with using both the way of treatment i.e.. Traditional & modern.

Name - Mr. 'B' (Codename), Caste - Brahmin, Religious - Hindu, Sex - Male, Married status- Married, Education- M.B.B.S., Age - 42 years.

Mr. 'B' is posted as medical officer in udaypur block of Surguja District. He has been serving in this field for about 7-8 years. He has mixed thinking towards traditional way of treatment. He does not justify with such type of treatment totally. He say that often falling ill, the villagers begin taking help first from take people who claim that they can cure disease using traditional process, which is wrong. In the study field health is a big come of problem. He says that at the last state of the disease ill persons are brought to the health contras in a serious condition. He expresses his view that illness con not be cured to take applying the old process of treatment. Villagers can be kept away from the diseases by making them were educationally. He is agreeing with the use of medicinal feeds & parts of the medicinal plants that come from the forests. He thinks that the use of these things is scientifically certified about 5-7 patients visit daily to him for treatment. Among these patients most are victim of T.B., Fewer, Vomiting & descentary. He also mentions that he does not how many patents are cured by his treatment as no are come to report him later in this regard whether they cured or not. Lack of pure water, pure & nutrition's food and superstitious are the main cause of health problem in tribal people. It is great need of the time of make them swore to use modern medical treatment. He does not confer that traditional way of treatment is fully successful but he accepts the importance of the use of herbals. According to him lack of lady physician & medical facilities in the area is a main problem. During maternity period women do not get nutrition's food. They have to do hard work under sunlight. They use water of ponds for drinking. These come a big problem. He pleads that women should be provided with better healthy facilities for this if needed help from 'Baigas & Gunias' should be taken. For this a work frame should mode & it should be followed strictly. His attitude towards the co-ordination between modern way of treatment & traditional way is appreciable.

Name - Mr. 'C' (Codename), Caste - Vaishys, Religious - Hindu, Sex - Male, Married status- Married, Education- M.B.B.S., Age - 48 years.

Mr. 'C' is a prestigious physician in Ambikapur block. He has been providing his service for last 15-18 years in tribal area. 5-6 patients visit daily to him in which maximum suffer from seasonal diseases like vomiting, discentany etc. His thought towards traditional way of treatment is positive. He says that there are many herbals obtained from forests are very useful in treatment of various diseases. But he opposes the religious rituals supplied by the Baigas & Gunias. According to him among 'Pando' tribal people diseases related to abdoman, skin disease & diseases related to the women are common & maximum.

Lack of proper food & poverty are the main problem of the tribal people. During the rainy season they use polluted water for drinking. As a result they are caused by the water born diseases. He says that he keeps in his mind the social status of the patients who visit to him. This helps him in the treatment of the diseases. Peoples social & cultural background effects specially in originating diseases. Regarding co-ordination between traditional way of treatment & modern way of treatment, he says that a good co-ordination between the two has begun. He himself suggested about many herbals & domestic way of treatment. As a conclusion, it can be said that Mr. 'C' attitude is positive towards traditional way of treatment.

Name - Mr. 'D' (Codename), Caste - Gond, Religious - Hindu, Sex - Male, Married status- Married, Education- M.B.B.S., Age - 45 years.

Mr. 'D' is doctor and he has been serving in his area for 20-22 years. He personally accepts the importance of traditional way of treatment. He says that the pando people first take help from Baiga & gunias when they fall sick. When their condition become serious, then they visit to him. Therefore, it has become different for him many times to save their life. This shows the distrust of pando people towards modern way of medical treatment. According to him main diseases in his area are contaminated diseases & diseases related to belly which main case is using polluted food, water & poverty. He accepts the use of herbals by the traditional physicians and thinks it is scientific.

Name - Mr. 'E' (Codename), Caste - Gond, Religious - Hindu, Sex - Male, Married status- Married, Education- M.B.B.S., Age - 45 years.

Mr. 'E' is a famous physician who says that traditional treatment is a form of old aayurvedic treatment. He says also that he himself comes from rural field where traditional treatment is applied to cure diseases to a great extent. Traditional treatment is a form of domestic treatment. According to him people suffers morally from skin diseases & vomiting, discentany, secret diseases related to sex etc. The main case for this is ignorance, lack of proper food & water and poverty.

He has insisted on the need of more scientific research work to develop this traditional way of treatment. He also denies that all diseases can be cured perfectly using the process of traditional treatment.

Name - Mr. 'F' (Codename), Caste - Mali, Religious - Hindu, Sex - Male, Married status- Married, Education- Polytechnic, Age - 52 years.

Mr. 'F' is a sub engineer by profession. He has been suffering from diabeties for 4-5 years. The weight of his body was growing day by day. He took a lot of allopathic medicines but the disease consumed. At last he takes help from a gunia of gram Jajagi. He says that the Gunia uses to call him at his home on every Tuesday & Saturday in a fasting state & he used to five him a drink prepared from herbals. After three months his disease comes under control. Later on he takes a help of the physician to check up his sugar level. The result was positive. He himself says that with him a miracle happened. He did anticipate that he would cure shortly. In of treatment the Gunia has taken from him only coconut, rice & some cash. Then Mr. 'F' accepts the importance of traditional way of treatment.

Name - Mrs. 'G' (Codename), Caste - Pando, Religious - Hindu, Sex - Female, Married status- Married, Education- Middle Pass, Age - 40 years.

Mrs. 'G' dwells in gram Beldagi. She has a son of 2.1/2 years which one that had become fat. Due to this the child was unable to walk. She took help from a prestigious physician of ambikapur for treatment of her child but her attempt went in vain. The boy did not get any rest & relax. The Doctor said that there was infection in child's leg. Becoming failure in child's treatment the doctor suggested has to take him to Raipur for further treatment. At last she visited to a Gunia named Tapeshwar. The Gunia treated the child for a month. Smt. 'G' said that on first day the gunia sought from has a coconut, rice & sindur. Then he went into the forest and from there he brought some leaves. Daily he used to make a paste from the leaves & he used to apply on the child's leg & he used to give leaf water to the child to drink. The result was become positive & the child began to walk himself after a month. During

the research work, the researcher found that there such some other patients in the village who accepted that they were also benefited by the treatment of the gunia. After the treatment was over the gunia used to sacrifice the lives of cocks & goats.

Name - Mrs. 'H' (Codename), Caste - Agrawal, Religious - Hindu, Sex - Female, Married status- Married, Education- M.B.B.S., Age - 42 years.

Mrs. 'H' lives in ambikapur. She was under the treatment of a physician here. She told she contacted with a local nurse when she felt that the inner activity of her unborn child was stopped after eight months of her pregnancy. The local nurse takes a help from a thread to examine closely in the case & after that she declared that the child is dead in her bailey. They after took a help from a famous lady doctor of the city. After sonography, the lady doctor also declared that the child was dead. Here it is of importance fact that the local nurse declared the child dead based upon her traditional experience where as the lady doctor took help from modern scientific device called sonography to declare the child dead.

Name - Ku. 'T' (Codename), Caste - Gupta, Religious - Hindu, Sex - Female, Married status- Unmarried, Education- Seventh, Age - 27 years.

Ku. 'T' suffered from licodrams for 3-4 years. She did cure herself even after a long allopathic treatment. Then she visited to a traditional physician of the village badhnijheriya. The physician used to call her at his home daily in a fasting stage. Then he used to chant some mantras & give her to 'Panchgavya' to drink. The physician also gave her some herbals & leaves & said her to make paste from it & to apply on her affected part or the body. After 40 days treatment the sign of licodrams on her body began to fade & this she become fully cured. Ku. 'T' thinks that a miracle happened with her.

Result and Explanation :-

On the basis of personal study by the researcher, we can say that the traditional way of treatment is effective in treatment of many fatal diseases. Modern physicians accept its importance by doing an extended research work on this old & useful method of treatment, we can develop it in a more scientific way. In pando tribal people, different kinds of diseases in them are related to mature factors & it has also been seen that their social & cultural status interface in the traditional way of treatment to a great extent. There is a need of deep co-ordination between health related conditions & their community based ideas & thoughts. Their traditional process of treatment is proceeding towards that place where need a co-ordination from modern process of treatment. This traditional process of treatment satisfy them fully at mental level as they can't afford the costly treatment based on modern process due their poverty reglence & lacking of resources. Modern physician should show their positive attitude towards their traditional faiths & beliefs. By doing this they can make distance less between modern process & traditional process. There is a great demand for research work in the field of traditional way of treatment so that a better mature based casting no negative effect technology in this field can be developed. To the whole medical process accepts the importance of herbal which can cure many fatal diseases.

We should try to find out the scientific aspect in traditional way of treatment of the tribal peoples should establish a co-ordination between the two i.e. the traditional process in modern process. By doing this we can safe & continue their tradition process along with providing them better medical facilities of modern method. It is need of time as well as a challenge before the physicians. The objective & conclusion of this research work is this how to make co-ordination between the two.

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