A Study of Self Confidence of IASE and CTE Principals

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Abstract
Self-confidence is the fundamental basis from which leadership grows. Trying to leadership without first building confidence is like building a house on a foundation of sand. Being a leader is a very difficult job. A person with Self-Doubt would never be able to take the necessary action nor command instructions for direction on completing different tasks. Someone with increased self-confidence can translate into significant performance improvements.

Key Words: Self confidence, Leadership, Performance.

Self Confidence is a psychological factor plays important role to be a successful administrator. It played a role in a leader’s interpretation of vision. Depending on the amount of Self Confidence, a leader’s goals, plans, and map to success varied. There are many reasons why a leader needs Self Confidence. Being a leader is a very difficult job. A great deal of information must be gathered and processed. A constant series of problems must be solved and decision made. Members of organization have to be convinced to pursue specific courses of action. Risks have to be taken in the face of uncertainty. A person with Self-Doubt would never be able to take the necessary action nor command instructions for direction on completing different tasks. In fact, a review by Alexander Stajkovic and Fred Luthans of empirical research studies of perceived self-efficacy (the academician’s term for self-confidence) has found that increased self-confidence can translate into significant performance improvements.

Objectives of the study
1. To find out Self Confidence of Principals of IASE Colleges.
2. To find out Self Confidence of Principals of CTE College.
3. To compare the Self Confidence of Principals IASE and CTE Colleges.

Research Methodology
The area of study and the size of sample were fixed therefore, investigator proposed normative survey method to determine the Self Confidence in IASE and CTE colleges principals.

Sampling
The total number of Principals of IASE (2), CTE (8) were selected with quota sampling method. One CTE college had not been a part of this study because of certain reason. Thus, total principals (7) of CTE colleges were selected. The total No. of Lecturers selected as follows-
- The total number of lecturer selected from IASE Colleges = 3 x 2 = 6
- Total number of lecturer selected from CTE College = 3 x 7 = 21
- In this way the total sample of 27 lecturers were selected.

Delimitations
To limit the problem means to provide descriptiveness, clarity and conformity. For the sake of convenience the study is limited in the following aspects -
1. Only those colleges will be selected which have been established for more than three years.
2. Only those lectures will be selected who have been doing job for more than three years in the same college.

Tools
For the purpose of research following tools were used -
1) Self made tool – Principal’s Self confidence scale.

Statistical Techniques
The following statistical techniques were applied to analyze the data obtained in this study –
1) Mean and standard deviation were computed for arithmetical description for different groups.
2) t-test was applied to find out difference between different groups of principals for Self Confidence.

Analysis and Interpretation

Objective: 1 To find out Self Confidence of Principals of IASE Colleges.

To find out Self Confidence of principals of IASE colleges (N=2), the mean, percentage mean and standard deviation was calculated in each area. It is given in following table-

Table 1

<table>
<thead>
<tr>
<th>Areas</th>
<th>Mean</th>
<th>S.D.</th>
<th>Percentage Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Knowledge of Profession</td>
<td>26.67</td>
<td>1.21</td>
<td>88.89</td>
</tr>
<tr>
<td>2. Positive thinking</td>
<td>27.50</td>
<td>2.35</td>
<td>91.67</td>
</tr>
<tr>
<td>3. Emotional maturity</td>
<td>24.67</td>
<td>2.07</td>
<td>82.22</td>
</tr>
<tr>
<td>4. Faith</td>
<td>28.67</td>
<td>1.63</td>
<td>95.56</td>
</tr>
<tr>
<td>Total</td>
<td>107.50</td>
<td>2.17</td>
<td>89.58</td>
</tr>
</tbody>
</table>

Interpretation

According to the table- 1 and graph, the mean score of Self Confidence of IASE principals (Total sample) was found 107.50 (PM=89.58) and S.D. was 2.17. According to the norms index this value of mean is found in the range of 80%. It shows that principals have highest Self Confidence.

According to the table and graph, all areas like emotional maturity (PM = 82.22%), knowledge of profession (PM=88.89%), positive thinking (PM = 91.67%) and faith (PM = 95.56%) were found in the range of above 80%. It means principals have self confidence in these areas.

Conclusion

In comparison with total mean (PM = 89.58) 2 areas like positive thinking and faith were found higher in their percentage mean values.

Objective: 2 To find out Self Confidence of Principals of CTE College.

To find out Self Confidence of principals of CTE colleges (N=7), the mean, percentage mean and standard deviation was calculated in each area. It is given in following table-

Table 2

<table>
<thead>
<tr>
<th>Areas</th>
<th>Mean</th>
<th>S.D.</th>
<th>Percentage Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Knowledge of Profession</td>
<td>22.57</td>
<td>3.50</td>
<td>75.24</td>
</tr>
<tr>
<td>2. Positive thinking</td>
<td>24.10</td>
<td>3.83</td>
<td>80.32</td>
</tr>
</tbody>
</table>
3. Emotional maturity  |  23.76 |  4.00 |  79.21
4. Faith                |  24.29 |  4.68 |  80.95
Total                   |  94.71 | 12.55 |  79.93

**Interpretation**

According to the table 2 and graph, the mean score of Self Confidence of CTE principals (Total sample) was found 94.71 (PM=79.93) and S.D. was 12.55. According to the norms index this value of mean is found in the range of 60%-80%. It shows that principals have high Self Confidence.

According to the table and graph, some areas like knowledge of profession (PM = 75.24%) and emotional maturity (PM = 79.21%) were found in the range of 60%-80%. It means principals have high self confidence in these areas.

According to the table and graph, some areas like positive thinking (PM = 80.32%) and faith (PM = 80.95%) were found in the range of above 80%. It means principals have highest self confidence in these areas.

**Conclusion**

In comparison with total mean (PM = 79.93%), areas like emotional maturity, Positive thinking and faith were found higher in their percentage mean value.

**Objective : To compare the Self Confidence of Principals of IASE and CTE Colleges.**

For the comparison between self confidence of IASE and CTE Colleges principals, the t-value was calculated. It is given in following table-

<table>
<thead>
<tr>
<th>Areas</th>
<th>IASE</th>
<th></th>
<th>CTE</th>
<th></th>
<th>SED</th>
<th>t-value</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Knowledge of Profession</td>
<td>26.67</td>
<td>1.21</td>
<td>6</td>
<td>22.57</td>
<td>3.50</td>
<td>0.91</td>
<td>4.50</td>
</tr>
<tr>
<td>2. Positive thinking</td>
<td>27.50</td>
<td>2.35</td>
<td>6</td>
<td>24.10</td>
<td>3.83</td>
<td>1.27</td>
<td>2.68</td>
</tr>
<tr>
<td>3. Emotional maturity</td>
<td>24.67</td>
<td>2.07</td>
<td>6</td>
<td>23.76</td>
<td>4.00</td>
<td>1.21</td>
<td>0.75</td>
</tr>
<tr>
<td>Total</td>
<td>107.50</td>
<td>2.17</td>
<td>6</td>
<td>94.71</td>
<td>12.55</td>
<td>87.35</td>
<td>9.25</td>
</tr>
</tbody>
</table>

DF = 25 't' Value at 0.01 = 2.79 and 0.05 = 2.06
Interpretation

According to the table-3 and graph, the calculated t-value-9.25 of all areas of Self Confidence of IASE and CTE Colleges principals (total sample), was more than table value 2.79 at 0.01 level. Hence, there was significant difference between Self Confidence of principals of IASE and CTE colleges in all areas.

According to the table-3 and graph, in some areas like knowledge of profession (t-value = 4.50) and faith (t-value = 3.59), the calculated t-value was more than table value 2.79 at 0.01 level. Hence, there were significant difference between self Confidence of principals of IASE and CTE Colleges.

According to the table-3 and graph, in some areas like positive thinking (t-value = 2.68) and emotional maturity (t-value = 0.75), the calculated t-value was less than table value 2.79 at 0.01 level. Hence, there were insignificant differences between Self Confidence of principals of IASE and CTE colleges.

Conclusion

Some areas like knowledge of profession and faith were found to significant and other areas like positive thinking and emotional maturity were found insignificant in difference between Self Confidence of principals of IASE and CTE colleges.

References